



## Mayors for Meals

Mayor Varney is looking forward to participating in Mayors for Meals in which Kentucky's elected officials, including many mayors, council members and commissioners are encouraged to participate in the annual Mayors for Meals/Leaders for Lunches events in March.

The national March 23 event invites elected officials to provide assistance to their local senior food service program such as Meals on Wheels ® or senior citizen center meal programs. Typically, mayors, council members and commissions go along on meal deliveries or serve meals for the day.

Andrew Owens of Meals on Wheels ® of America Association (MOWAA) said the national event scheduled for March 23 brings focus to the issue of senior hunger. MOWAA estimates that there are more than six million seniors in America regularly facing hunger. Approximately 300,000 seniors are served through food assistance programs in Kentucky alone.

While many elected officials plan to participate in the March 23 event, some plan to serve meals on St. Patrick's Day, March 17. If you'd like to participate, contact your local program and ask them if they are participating in the Mayors for Meals/Leaders for Lunches event. If you do participate, encourage your local media to help bring attention to the cause of local hunger issues.

The Kentucky League of Cities (KLC) has created resources to help local elected officials participate and bring awareness to the need for local assistance programs and volunteers.